

गोंयचीं ल्हारां

मुरगांव पत्तन प्राधिकरण ई-मैगज़ीन
जनवरी – जून 2023 अंक – 22



GOYCHIM LHARAM

E-Magazine of Mormugao Port Authority
January - June, 2023 Issue No.22

New Year 2023 was celebrated at Mormugao Port Authority by cutting cake at the hands of Dy. Chairperson, Shri Guruprasad Rai along with HODs, senior officers and employees. Celebration was followed by Skit and singing songs by employees.



SIGNING OF MEMORANDUM OF UNDERSTANDING (MOU)

Mormugao Port Authority, Goa signed an MOU with the Srinivas University & Srinivas Group of Colleges, Mangaluru for student's internships on 09.01.2023 in the presence of Dr. A.V. Ramana, Chairperson/MPA, Dy. Chairperson Shri G.P. Rai and all HODs.



Republic Day Celebration was held on 26.01.2023 at Mormugao Port Authority, Goa. The Chief Guest for the function was Shri Guruprasad Rai, Dy. Chairperson. Meritorious certificates were awarded to CISF personnel for their contribution and dedication in work, followed by Cultural programs.



ARRIVAL OF CRUISE VESSEL M.V COSTA DELIZIOSA

On February 1, 2023, the cruise vessel **Costa Deliziosa** arrived at Mormugao Port in Goa, India, at 09:50 hrs. The ship was carrying 1545 passengers and 878 crew members. Upon arrival, the passengers were greeted with a warm welcome featuring dance and music that showcased Goan culture.

Before arriving in Goa, the last port the cruise vessel visited was Mumbai, India. The next destination on its itinerary was Male, Maldives.



Dr. A.V. Ramana, Chairman/TOLIC, South Goa & Chairperson/MPA received the Regional Official Language Award conferred by Dept of Official Language, Min of Home Affairs for Excellent implementation of Official Language during the year 2020-21 Western Zone (C Region). The award was received at the hands of Hon'ble Min of State, Min of Home Affairs Shri Ajay K Mishra, during the function held at Raipur on 03.03.23



As a part of International Women's Week, various Training sessions/activities were conducted for the Women's Employees of MPA.

Training session on **"Boost Your Health with Zumba exercises"** was conducted by Mrs. Sangeeta Daure, certified Zumba trainer on 27.02.23.



Training session on **"Chocolate Making"** was conducted under the guidance of Mrs. Suzy Menezes, Head Clerk, MPA on 28.02.23.

Training session on **"Health & Beauty Care"** was conducted by Mrs. Kalpana Harmalkar, Beautician & Makeup Artist on 01.03.23, for the Women employees of MPA.



Training session on **"Good health through Yoga & Ayurveda"** was conducted by Dr. Reshma Bale, Ayurvedic Physician, MPA Hospital on 06.03.23.

Women Cell of MPA celebrated **International Womens Day** on 8.3.23. Mrs. Vanita Singh owner & franchise of Zee Schools, Goa was the Chief Guest & key note speaker. Mrs. Vanita Joshi, Wife of Dy. Conservataor also graced the occasion. Various cultural events were also presented on the occasion.



The 52nd National Safety Week 2023 was organised by MPA from 06.03.2023 to 13.03.2023, for promoting the cause of health & safety. The valedictory function was celebrated on 13.03.2023. The Chief Guest was Shri Nitin V. Raikar, Director, Fire & Emergency Services, Goa. There were various safety activities and competitions organised for children and Port employees during the week. Awards for the same were presented.



ARRIVAL OF CRUISE VESSEL M.V BOREALIS

On March 15, 2023, the international passenger ship **M.V. 'BOREALIS'** docked at Mormugao Port, Goa. The arrival was marked with a warm welcome, featuring traditional Goan music, dances, and flower offerings. The ship carried a total of 718 passengers and had a crew of 630 members.



Shri Sudhansh Pant, IAS, Secretary, Ministry of Ports, Shipping and Waterways, Govt. of India, visited Mormugao Port Authority, Goa. During his visit, he toured the Port's operational areas to gain insights into its functioning. Later, he presided over a meeting held in the Board Room of MPA, which was attended by Dr. A.V. Ramana, Chairperson of MPA, the Deputy Chairperson, Heads of Departments, stakeholders, and representatives from various Port associations. The meeting likely discussed matters related to port management and development.



HIGHEST TONNAGE BAUXITE

On 20.03.23 Mormugao Port Authority achieved the highest per day unloading tonnage of dry Cargo (Bauxite) by Harbour Mobile Crane (HMC) i.e. 12894 MT. Previous Highest unloading record was for Iron Ore and Bauxite on 09.03.23 i.e. 12608 MT.



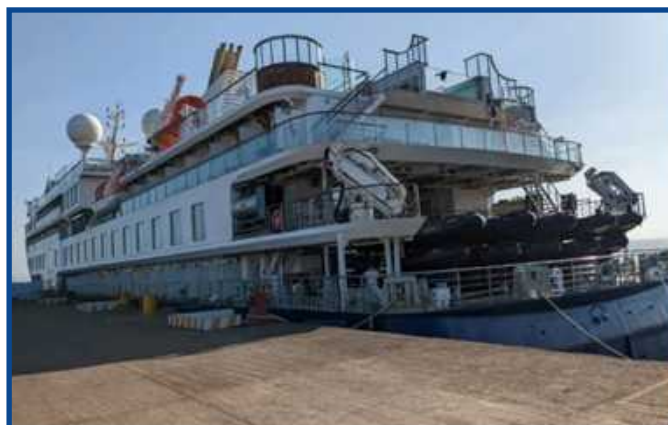
AZADI KA AMRIT MAHOTSAV FREEDOM FIGHTER EXHIBITION AND EYE CAMP / HEALTH CHECK UP

As a part of **“Azadi ka Amrit Mahotsav”**, MPA organised Exhibition on the life of Local Freedom Fighters, National Freedom Movement on 21.03.23. Students in and around Port vicinity and Port employees were invited to watch a documentary on freedom movement. MPA organised Health check-up/Eye check-up Camp at MPA Hospital for House Keeping staff at MPA Hospital as part of Azadi Ka Amrit Mahotsav -2 on 21.03.2023.



ARRIVAL OF CRUISE VESSEL M.V OCEAN ODYSSEY

The International Passenger Ship M.V. 'OCEAN ODYSSEY' gracefully docked at Mormugao Port in Goa on March 24, 2023. The vibrant and rich culture of Goa was on full display as the passengers were warmly embraced by the enchanting melodies of traditional Goan music and the captivating movements of traditional dances. The ship brought with it a total of 115 passengers, each eager to experience the wonders of this coastal paradise, accompanied by a dedicated crew of 83 individuals ensuring their voyage was safe and comfortable. This heartwarming reception marked the beginning of a memorable journey filled with cultural immersion and exploration.



NATIONAL MARITIME DAY CELEBRATIONS

The 60th National Maritime Day was celebrated by Mormugao Port Authority Goa on the theme "Amrit Kaal in Shipping". Dy. Conservator- MPA, Capt. Manoj Joshi was the Chief Guest for the function held at MPA Guest House on 24.03.2023.

The 60th National Maritime day was also celebrated by Goa's Maritime Fraternity on 05.04.23. Shri Upadhyay, CMD-GSL was the Chief Guest, Shri S.K. Srivastava, Surveyor-in-Charge, MMD Goa was the Convenor of the function and Capt. Manoj Joshi was the Presiding Officer. The day was celebrated by all with lot of plans, innovations and achievements for the Amrit Kaal followed by cultural program.



CHESS TEAM CHAMPIONSHIP

All India Major Ports Chess Championship 2022-23 was organised by Cochin Port Authority from 22.03.23 to 24.03.23 MPA secured 2nd place in Team Championship.



MORMUGAO PORT AUTHORITY FELICITATION BY MES COLLEGE

Mormugao Port has been bestowed with the prestigious Gold Plate award, a symbol of recognition for its invaluable contribution to the advancement of the Mormugao Education Society (MES). In a moment of pride and honor, Capt. Manoj Joshi, representing the Mormugao Port Authority, graciously accepted the award from the esteemed hands of Shri Auduth Timblo. This momentous occasion unfolded on March 23, 2023, within the welcoming premises of MES College in Zuarinagar. The award not only acknowledges the port's dedication to fostering educational progress but also highlights its commitment to the betterment of the community it serves.



VISIT OF STUDENTS OF RAJAGIRI SCHOOL OF ENGG. KERALA

On March 24, 2023, students from Rajagiri School of Engg & Technology, Kerala, and St. Joseph's College of Commerce, Bengaluru, embarked on an industrial visit to Mormugao Port Authority. The visit featured informative videos on port development, illuminating MPA's role. Additionally, MPA orchestrated a visit to the Breakwater berth, offering hands-on exposure to port operations. This educational initiative bridged theoretical knowledge with practical insights, enriching students' understanding. The visit showcased the institutions' commitment to real-world learning and left a lasting impact on the participants' academic journey.



The Korean submersible ship SUN RISE played a key role in transporting four Indian barges from Mormugao Port, Goa to LIBERIA, Africa. Departing from Goa, the ship braved the Indian Ocean and Atlantic waters, highlighting international collaboration in maritime trade. Upon arriving in LIBERIA, this successful journey underscored modern shipping's capabilities and the importance of global partnerships in maritime commerce.



ARRIVAL OF CRUISE VESSEL M.V VIKING NEPTUNE

On March 31, 2023, the international passenger vessel M.V. Viking Neptune docked at Mormugao Port in Goa. On board, there were a total of 816 passengers and a crew comprising 469 members. The vessel's previous port of call was Cochin, and next destination was Mumbai. This maritime journey highlights the movement of people and the connectivity of coastal cities through sea routes.



MORMUGAO PORT AUTHORITY HARBOUR MOBILE CRANE ACHIEVEMENT



Since its commissioning in 2013, the MPA Harbour Mobile Crane has achieved remarkable milestones, especially in the fiscal year 2022-23. Cargo handling reached 1.04 MT, up from 0.87 MT in 2016-17. Notably, in March 2023, the crane efficiently managed 2.2 lakh tonnes of dry bulk cargo, a substantial increase from 1.6 lakh tonnes in April 2022. These accomplishments highlight the crane's pivotal role in enhancing port operations and facilitating trade.

MPA welcomes new Chairperson, **Dr. N. Vinodkumar, IPoS**. He assumed charge as Chairperson, MPA Goa on 03.04.23. He belongs to the 1994 batch of Indian Postal Service. He completed under graduation in science with 4th position at the University of Kerala and improved it to 3rd position during the post-graduation. He won the University Grants Commission, India Junior Research Fellowship to continue his research work in science, and was awarded Ph.D. in Geology.

After a brief stint with Indian Customs, he joined the Indian Postal Service in 1994 after getting selected through the Indian Civil Service Exam held in 1993. Since then, he has been working in various capacities in India Post, Ministry of Communications & IT, Govt. of India.

He has put in more than 28 years of service in India Post managing a large network of Post Offices and an equally large workforce. He gained multicultural experience working across the North (New Delhi), East (Assam), West (Maharashtra & Goa) and



South (Kerala & Karnataka) of the country, leading people from diverse ethnic backgrounds. He worked as the Postmaster General, Goa Region from July 2017 to June 2021. He has extensive exposure to Administration, Human Resource Management & Training, Technology Management, International Mail Operations, Logistics Operations, Postal Banking, Finance and Life Insurance Fund Management.

He has represented India in committees of the Universal Postal Union and platforms such as Asia-Pacific Postal Business and International Post Corporation fora. He has been invited as a speaker on more than one occasion to speak on e-commerce, postal innovations and logistics operations at seminars held in Bangkok (2018) and Singapore (2019).

Apart from being a public servant, his passion lies in high-altitude trekking. He completed Mountaineering training at Himalayan Mountaineering Institute, Darjeeling with an 'A' grade in the year 2000 and was selected by the Ministry of External Affairs as Liaison Officer to lead a team of pilgrims to Kailash Mansarovar in 2007. He also successfully completed several other high-altitude treks, including Everest Base Camp, Nepal at an altitude of 18500 feet above MSL in November 2019.

- MPA located in the middle of the beautiful state of Goa is also one of the most compact ports of India. In FY 2022-23 we achieved a cargo handling of 61,866 MT per acre of operational land area.
- In spite of negligible amounts of fast moving cargoes like liquid bulk cargo, MPA Goa achieved an improvement of 15 % in total average Turn Around Time (TRT) of vessels.
- Our friendly neighbourhood Port of MPA Goa achieved an improvement of 33% in average ship berth day output in terms of Metric Tons per day. This achievement is in spite of negligible share of fast moving cargoes like containers & liquid bulk.



VISIT OF STUDENTS OF BITS PILANI, GOA

BITS Pilani Goa Campus students visited Mormugao Port on 04.04.23. They watched informative videos on port development, and a visit to the Breakwater berth was arranged, providing insights into port operations and infrastructure.



VISIT TO CHIEF MINISTER'S OFFICIAL RESIDENCE

On 05.04.23, Dr. N. Vinodkumar, IPoS, Chairperson, Mormugao Port Authority, met with Dr. Pramod Sawant, Hon'ble Chief Minister of Goa, at his official residence "**MAHALAXMI**" in Altinho, Panaji. Shri G.P. Rai, Deputy Chairperson of Mormugao Port Authority, was also present during the meeting.



VISIT OF SHRI SANKALP AMONKAR

On 05.04.23, Shri Sankalp Amonkar, the MLA of Mormugao Constituency, visited Dr. N. Vinodkumar, IPoS, Chairperson of Mormugao Port Authority (MPA), at his chamber.



VISIT TO SHRI SHRIPAD NAIK

On 10.04.23, Dr. N. Vinodkumar, IPoS, Chairperson, MPA, visited Shri Shripad Y. Naik, Hon'ble Minister of State for Ports, Shipping & Waterways and Tourism, at his office in Ribandar, Goa.



Dr. N. Vinodkumar, IPoS, Chairperson, MPA visited Shri Puneet Kumar Goel, IAS, Chief Secretary, Govt. of Goa at Secretariat, Porvorim- Goa on 10.04.23.



National Disaster Management Authority (NDMA) Workshop

Mormugao Port Authority along with National Disaster Management Authority (NDMA) conducted a 3 day long Workshop in MPA Guest House in CBRN from 11th - 13th April, 2023. 40 participants from all stakeholders attended the same. An expert panel in Chemical, Biological, Radiological and Nuclear (CBRN) trained the participants. The workshop was inaugurated by Dr. N. Vinodkumar, MPA Chairperson.



MORMUGAO PORT AUTHORITY CONDUCTED AN AWARENESS PROGRAMME

Internal Complaints Committee MPA conducted an Awareness Programme on 12.04.23 on "**Prevention of Sexual Harassment at Workplace**" with an aim to educate employees about the impact of Sexual Harassment and to develop the skills necessary to maintain safe work place.

Adv. Suresh Rao, Senior Advocate was the faculty for the said programme. Programme was attended by around 45 participants including employees of MPA, CISF personnel and School teachers.



Dr. N. Vinodkumar, IPoS, Chairperson, Mormugao Port Authority attended a Felicitation Programme, **Goa Regional Star Award Winner** organized by Postmaster General, Goa Postal Region on 12.04.23, to felicitate winners, a business campaign launched for Financial Year 2022-23. Shri P.S. Sreedharan Pillai, Governor of Goa was the Chief Guest.



VISIT OF SHRI KRISHNA (DAJI) SALKAR

Shri Krishna (Daji) Salkar, MLA Vasco Constituency & Chairperson SGPDA visited Mormugao Port Authority Administration Office on 13.04.2023 and interacted with Dr. N. Vinodkumar, IPoS, Chairperson, MPA, in his chamber.



Goa Police in collaboration with Goa Shipyard Ltd. organised Flagging off, of 15 MT Fast Interceptor Patrol Boat. The Inaugural ceremony was at the hands of Dr. Pramod Sawant, Hon'ble CM of Goa and in the presence of Shri Shripad Y. Naik, Minister of State for PSW & Tourism. Shri Krishna (Daji) Salkar, Hon'ble MLA Vasco Constituency & Shri Puneet K Goel, IAS, Chief Secretary, Govt. of Goa were also present. The same was also attended by Dr. N. Vinodkumar, IPoS, Chairperson, MPA.



BIRTH ANNIVERSARY OF BHARAT RATNA DR. BABASAHEB AMBEDKAR

Dr. Ambedkar Vocational Centre of MPA, celebrated the 132nd Birth Anniversary of Bharatratna Dr. Babasaheb Ambedkar, on 14.04.2023. Shri Sankalp Amonkar, Hon'ble MLA Mormugao Constituency was the Chief Guest for the function. Smt. Shraddha Amonkar, Councillor MMC Vasco was the Guest of Honour. The students who participated in Cultural program were felicitated by the dignitaries.



Educational visit to Mormugao Port by Students of Symbiosis Skills & Professional University, Pune on 17.04.23. Students were shown videos on Port development and a visit at the Breakwater berth was arranged.



TWO DAYS AWARENESS AND TRAINING PROGRAMME BY MPA AND GSL

The Vigilance Depts. of Mormugao Port Authority and Goa Shipyard Ltd. jointly conducted 'Two days Awareness & Training program on Conduct/ Appeal rules, Enquiry procedures & Reservation Policy & its implementation' at GSL Guesthouse from 18.04.23 to 19.04.23. The training session was inaugurated by Dr N. Vinodkumar, IPOs, Chairperson, MPA and Shri B.K. Upadhyay, CMD, GSL. Shri Vijaya Dat Kagita, IOFS, Chief Vigilance Officer/MPA and Shri Sanjay Krishna Navahle, Chief Vigilance Officer/GSL coordinated the program.



As a part of **“Azadi ka Amrit Mahotsav”**, Mormugao Port Authority organised Nutrition & Exercise Program for its employees on 26.04.2023 at HRD Centre.



FIRST HALF-YEARLY TOLIC MEETING FOR THE YEAR 2023-24

The First half-yearly Meeting of Town Official Language Implementation Committee (TOLIC), South Goa for the year 2023-24 was held on 26.04.23 under the Chairmanship of Dr. N. Vinodkumar, IPoS, Chairman, TOLIC, South Goa & Chairperson, MPA. Dr. Sushmita Bhattacharya, Deputy Director, Department of Official Language, Ministry of Home Affairs and Heads of Central Govt. Offices of Vasco & other representatives attended the said meeting.



As a part of **“Azadi ka Amrit Mahotsav”**, Mormugao Port Authority organised **“Self Defence Techniques”** activity on 27.04.2023. Shri Mahadev Chavan, was the trainer for the program who is also our Port Officer.



TRAINING SESSION ON "COMPRESSION-ONLY LIFE SUPPORT (COLS)"

Training Session on **"Compression-only life Support (COLS)"** was organised at MPA on 27.04.23 under the guidance of Dr. Hema Mayekar, Senior Medical Officer with an aim to train the employees about the simple steps to save a person's life till medical support arrives. Around 35 participants including employees of MPA, CISF personnel, etc. attended the said session.



Students of Saint Gits College of Engineering, Kottayam- Kerala, had an Educational visit at Mormugao Port on 28.04.2023. Students were shown videos related to Port development and the presentation was carried out by Shri Jerome Clement, Sr. Dy. Traffic Manager. Students and Faculty members were also briefed about the Port and its operation during their visit. Thereafter, a Port visit was arranged at the Breakwater berth.



ARRIVAL OF CRUISE VESSEL M.V VIKING MARS

The international passenger cruise vessel M.V. 'VIKING MARS' arrived at Mormugao Port in Goa on May 1, 2023. Passengers were greeted with traditional Goan music and dance. There were 839 passengers on board the cruise ship. The ship had a crew of 452 members who were responsible for ensuring the safety and comfort of the passengers and the smooth operation of the vessel. The cruise ship's previous port of call was Colombo, Sri Lanka. The next destination for M.V. 'VIKING MARS' was Mumbai, India.



Dr. N. Vinodkumar, IPoS, Chairperson of MPA, visited the Harbour Mobile Crane site at the berth along with HODs on May 5, 2023. During the visit, he distributed certificates of appreciation to the Operations and Maintenance (O&M) team of the crane, acknowledging their outstanding performance. The crane achieved a remarkable cargo handling record in March 2023, handling 2.2 lakh tonnes, and throughout the entire Financial Year 2022-23, it handled an impressive 1.04 million tonnes.”



MORMUGAO PORT AUTHORITY AWARDS CEREMONY

Mormugao Port Authority organised Annual Awards 2023 on 05.05.2023 at MPA Guest House Lawns. During the function “Best Employee of the Year” from all departments of the Port were honoured with Awards & Appreciation Certificates. Awards were also presented for Best Performance by Stakeholders of the Port. The Awards & Certificates were presented by Shri Navraj Goyal, IRS, Commissioner of Customs, Goa in presence of Dr. N. Vinodkumar, IPoS, Chairperson and Shri Guruprasad Rai, Dy. Chairperson.



CHAIRPERSON VISIT TO HARBOUR MOBILE CRANE

Dr. N. Vinodkumar, IPoS, Chairperson of MPA, visited the Harbour Mobile Crane site at the berth along with HODs on May 5, 2023. During the visit, he distributed certificates of appreciation to the Operations and Maintenance (O&M) team of the crane, acknowledging their outstanding performance. The crane achieved a remarkable cargo handling record in March 2023, handling 2.2 lakh tonnes, and throughout the entire Financial Year 2022-23, it handled an impressive 1.04 million tonnes.”



VISIT OF SHRI DIGAMBAR KAMAT AT MORMUGAO PORT

Shri Digambar Kamat, the former Chief Minister of Goa and current MLA of the Margao Constituency, visited the Mormugao Port Authority on May 8, 2023.



SAGAR SHRESHTHA SAMMAN AWARD



Mormugao Port Authority was conferred with '**Sagar Shreshtha Samman**' Award for Outstanding Ship Berth day output during the year 2022-23. This event was held during the Launch of '**Harit Sagar**' Green Port Guidelines, at New Delhi on 10.05.23. Dr. N. Vinodkumar, IPoS, Chairperson MPA received the award at the event along with Dy. Chairman and other senior officers of MPA.

In connection with "**SAGAR PARIKRAMA Phase-V**", Shri Parshottam Rupala, Hon'ble Minister of Fisheries, Animal Husbandry & Dairying, Govt. of India, arrived at Goa. He was welcomed at Cruise Berth, Mormugao Port Authority by Dr. Vinodkumar, IPoS, Chairperson Mormugao Port Authority.



AWARENESS PROGRAMME UNDER THE INITIATIVE OF 'MISSION LIFE'



Mormugao Port Authority organised an Awareness programme under the initiative of MISSION LIFE on 19.05.23 to sensitise the Officials about our Lifestyle for the Environment. The session was conducted for the staff of GAD & Vigilance under the guidance of Shri Sudin Prabhudessai, Dy. Chief Engineer, MPA.

As a part of Mission LiFE activity, the Training cell of Mormugao Port organised an Awareness programme on 22.05.2023 for the intern students of Srinivas University, Mangaluru, Goa University and students of local colleges of Vasco. During this event, Shri Sudin Prabhudessai, Dy. Chief Engineer, MPA delivered a talk on the objectives of Mission LiFE and sensitised the students about our LiFE style for the Environment.

Mormugao Port also organised an Awareness programme on 22.05.2023 for the staff of Civil Engineering & Mech. Engg. Dept.

MPA organised an Awareness programme for the staff of Medical Department on 22.05.23, under the guidance of Shri Sudin Prabhudessai, Dy. Chief Engineer, MPA, with an objective to nudge individual and collective action to protect environment.

On 30.05.23, under LiFE (Lifestyle for Environment) mission CISF personnel, MPA Goa Unit conducted Swachhata Abhiyaan at Sea view road and Signal station of MPA Goa.



SAFETY AWARENESS PROGRAMME & DEMONSTRATION

Safety Awareness Programme & Demonstration on safety measures on **"First Aid Firefighting"** was conducted on 23.05.2023 for staff of Mormugao Port Authority, intern students & CISF personnel. Various safety measures & firefighting techniques were demonstrated by Shri Omprakash Saroj, Fire Officer/MPA.



VISIT TO HON'BLE GOVERNOR OF GOA

Dr. N. Vinodkumar, IPoS, Chairperson, Mormugao Port Authority, paid a visit to His Excellency Shri P.S Sreedharan, the Governor of Goa, at Raj Bhavan in Panaji on May 19, 2023.



On the occasion of World Environment day on 05.06.2023, Shri Shripad Naik, Hon'ble Minister of State for PSW & Tourism planted saplings in the Port's Admin Office premises. Dr. N. Vinodkumar, IPoS, Chairperson, MPA, Dy. Chairperson, HODs and Stakeholders of the Port were also present. Shri Shripad Naik also declared the initiatives taken under **"Harit Sagar"** by Mormugao Port Authority, Goa. Dr. N. Vinodkumar, IPoS, Chairperson, MPA, Dy. Chairperson, HODs and Stakeholders of the Port participated. Saplings were also planted by MPA Hospital staff and also by CISF Unit, MPA Goa.







मुखाव पर्वतन प्रायिकरण
(गणतन्त्र, चेतन पर्वतन और वातावरण संरक्षण, गणतन्त्र)

MORMUGAO PORT AUTHORITY
MINISTRY OF PORTS, SHIPPING & WATERWAYS, GOVT OF INDIA
HEADLAND SAGA, GOA - 400004

**MOVING FORWARD TO
ACHIEVE THE CLIMATE GOALS**

**INITIATIVES TAKEN UP UNDER
"HARIT SAGAR"**

- Plantation of 5000 Saplings to develop a green belt in and around the Port.
- Use of treated water from Goa State Sewerage Development Corporation for dust control measures.
- Installation of 3 MW Solar Power Plant.
- Enhanced Monitoring of Environment Quality parameters.
- Covered shed for Coal handling and Storage by South West Port Ltd. (SWPL).









YOGA WORKSHOP AND SESSION

Mormugao Port Authority organized a Yoga workshop and session on June 13, 2023, as part of the "**Azadi ka Amrit Mahotsav**" for their employees and their dependents.



BLOOD DONATION CAMP

A Blood Donation Camp was organised by Mormugao Port Authority Hospital on 14.06.2023. Dr. Ravi Krishna, Chief Medical Officer, Mormugao Port Authority welcomed Goa Medical College Blood Bank Officer in-charge, Dr. Sanjay Korgaonker & his team with Bouquets. A brief awareness lecture on the importance of Blood donation, celebration of World Blood Donor Day & MPA's commitment towards raising awareness of value of Blood Donation was given by CMO.



As countdown activity to International Yoga Day 2023, MPA organised **"Samarpan Meditation session"** on 19.06.23 in association with Yoga Prabha Bharati Trust, Goa Region. Dr. N. Vinodkumar, IPoS, Chairperson, MPA inspected the programme. It was attended by Port employees, CISF personnel & RAO officials.

MPA organised Yoga session **"Isha Yoga for wellbeing"** on 20.06.23 in association with Isha Foundation with an aim to inspire people to take a step further to bring Yoga into their lives and invest more time for their well-being. Programme was conducted by Port employee Ms. Gerusha Karande, Isha Meditator and Volunteer and the same was attended by the officials of Port & CISF personnel.

In order to commemorate the **"International day of Yoga"**, a Yoga event was conducted on 21.06.23 from 7.30 am - 8.30 am at the Berth of MPA on the Research Vessel "Sagar Kanya" for all the Crew members on board. Shri B.G. Dessai, Yoga Expert and Port employee demonstrated various Yoga exercises and guided the participants.

The 9th International Yoga Day 2023 was celebrated with the theme, **"Yoga Sagarmala"** on 21-06 2023 at MPA Administrative Office building premises. Session was attended by Chairperson, Dy. Chairperson, all HODs, Port officials, CISF personnel, School teachers & students. Smt. Farhat Jahan, Yoga Guru demonstrated various Asanaas & guided the participants. The programme ended with a message of Chairperson MPA, that "Yoga should not merely be exercises but it should be a part of our life & actions that we collectively take for the betterment of our port.

A Yoga event was conducted on 21.06.2023 at Mormugao Port Deepvihar School. All teachers & students participated in the said session.

On the occasion of International Yoga day, Yoga session was also been organised at CISF Unit MPA Goa. 02 GO's, 14 SO's, 28 OR's and total 44 personnel participated in the event.

GLIMPSES OF YOGA EVENTS



GLIMPSES OF YOGA EVENTS



International and Indian delegates applauded Dr N. Vinodkumar, IPoS, Chairperson MPA for the presentation on the upcoming infrastructure development of the International and Domestic Cruise Terminal at Mormugao Port. The presentation was held on 20.06.2023 during the G20 Presidency - 4th Tourism working group meeting, Making Cruise Tourism, a model for sustainable and responsible travel.



SEAFARERS DAY

Goan Seamen Association of India organised Seafarers Day on 25.06.23 at Ravindra Bhavan, Margao. Dr. Vinodkumar, IPoS, Chairperson, Mormugao Port Authority and Adv. Narendra Sawaikar, NRI Commissioner, Govt. of Goa, were the Guest of Honours for the function. Shri Alexio Reginaldo, Chairman IDC & MLA was the Chief Guest on the occasion. Seafarers all over the state were felicitated.



Dr. Umesh G Jadhav, Hon'ble MP Loksabha, Kalaburagi constituency and Member of Parliamentary Standing Committee on Labour visited Mormugao Port on 26.06.23 and held discussion with the Dr. Vinodkumar, IPoS, Chairperson, Mormugao Port Authority.



SUPPLY OF MOP (FERTILIZER)

In continuing efforts of MPA to diversify its cargo mix towards cleaner and greener commodities, we have today facilitated the value added service of despatch of MOP (fertilizer) directly to the markets from the port premises. The first truck of the same was flagged-off on 27.06.23, at the hands of Dr. N. Vinodkumar, IPoS, Chairperson MPA & Mr. Nilesh Dessai, CMO-UH of Paradeep Phosphates Ltd. (PPL) Goa Unit, in presence of Dy. Chairperson & all HOD's and other Senior Officials.





Editorial Board of Goychim Lharam

Smt. Nilam Kenkre - Editor-in-Chief

Hindi Officer

General Administration Department

Smt. Tarannum Havaladar, Editor,
Sr. Clerk & Nodal Media Co-ordinator
General Administration Department

Shri Piedade E.B.A. Rodrigues, Member,
XEN,
Engg. (Mechanical) Department